

CITY OF LOS ANGELES

CALIFORNIA

CAROLYN M. HULL
GENERAL MANAGER




KAREN BASS
MAYOR

**ECONOMIC AND WORKFORCE
DEVELOPMENT DEPARTMENT**

444 S. FLOWER STREET
LOS ANGELES, CA 90071

DATE: March 6, 2024

TO: LA's Workforce Development System

FROM: Gerardo Ruvalcaba, Assistant General Manager
Workforce Development Division 

**SUBJECT: WDS INFORMATION BULLETIN No. 24-08
YOUTH MENTAL HEALTH ACADEMY PROGRAM**

EFFECTIVE DATE

This bulletin is effective on date of issue.

PURPOSE

The purpose of this bulletin is to notify all Workforce Development System (WDS) contractors and YouthSource Centers (YSC) about the Youth Mental Health Academy (YMHA) program opportunity provided by the Child Mind Institute for rising high school juniors and seniors. The EWDD is sharing this training opportunity in partnership with the City's Youth Development Department (YDD). Interested students must submit their application online by **Friday, March 15, 2024**.

BACKGROUND

The Youth Mental Health Academy is a community-based, career development program that offers paid internships, mentorship, project-based learning, and student support. Students will gain knowledge and experience in mental health science, practice, or communications by working with professionals from organizations doing work in those areas.

YMHA is a 14th-month-long community-based career development program for high school students interested in a career in mental health or other healthcare fields. The program will run May 2024 through July 2025. Students will participate in an educationally enriching experience that includes:

- An in-person 5-week paid summer program
 - Up to \$2,000 stipend
 - June 24, 2024 – July 26, 2024
 - Monday – Friday
 - 10 am – 3 pm
 - Minimum of 100 hours

- Virtual Year-long mental health, career development, and college preparation workshops
 - once a month
- Community-Based Internships
 - June-July 2025
- Mentorships
 - Students will be assigned a mentor to meet with regularly during the duration of the program
 - Mentor & mentee will meet with 1-2x a month

YMHA PROGRAM GOALS

- Increase the number of high school students from diverse backgrounds interested in pursuing mental health careers
- Increase knowledge and awareness of Mental Health issues
- Transition students from high school to college through mentorship & internship

ELIGIBILITY

General Requirements

- Be 16 years of age or older
- Reside or attend in a structurally marginalized community

Academic Requirements

- Be enrolled in a public or private high school in California
- Have a 2.5 GPA or higher

Identify with one of the following

- Black or African American
- Hispanic or Latino
- American Indian or Alaska Native
- Native Hawaiian or Pacific Islanders
- Have a disability, defined as those with a physical or mental impairment that substantially limits one or more major life activities, as described in the ADA of 1990
- LGBTQIA+

DEADLINE DATE:

Interested students must submit the application on the website by **Friday, March 15, 2024.**

WEBSITE: childmind.org/youth-mental-health-academy

CONTACT

If you have any questions about the Youth Mental Health Academy Program, please email YDD's Joey Garcia at Joey.Garcia@LACity.org.

GR:LS:JG:JA:cg

Attachments: YMHA Student Flyer 2024